



# Choices you make matter.



WEARING A MASK  
OR FACE COVERING



PHYSICALLY  
DISTANCING



WASHING  
YOUR HANDS



MONITORING  
YOUR HEALTH

Help protect your family.  
[york.ca/COVID19](https://york.ca/COVID19)

  
**York Region**



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Help reduce the spread.  
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MONITORING  
YOUR HEALTH

Help stop the timeline.  
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**York Region**